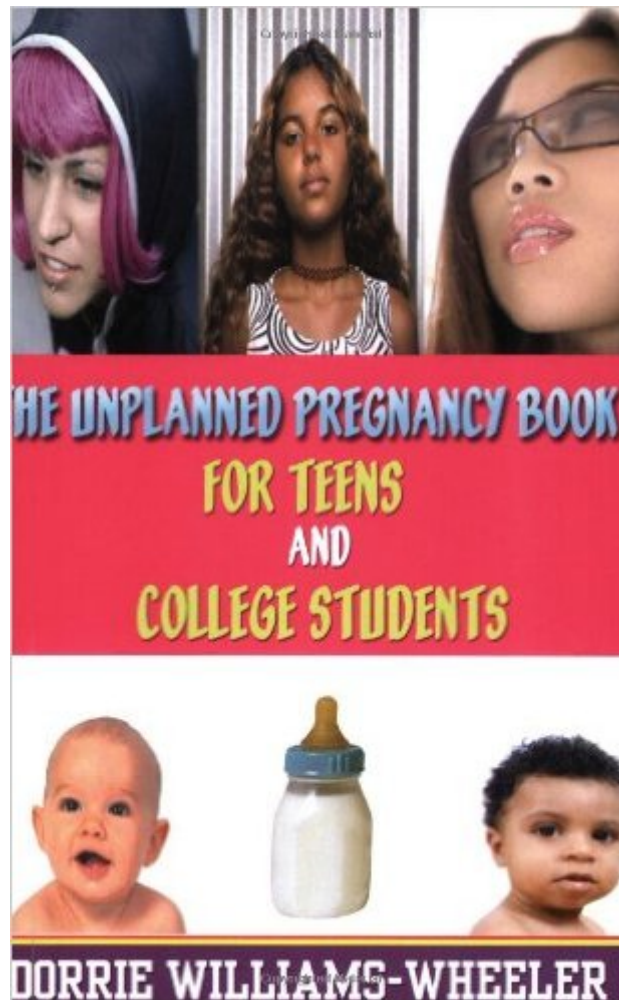




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# The Unplanned Pregnancy Book For Teens And College Students



## Synopsis

I Think I'm Pregnant. What Should I Do???? Educate yourself. Make a plan. Take action. Okay, you're pregnant and this is now how you planned things. It was a surprise, an accident, and unexpected event and you just don't know what to do. The *Unplanned Pregnancy Book for Teens and College Students* is a helpful guide written to provide you with information and resources that can help you come to terms with how to handle your unplanned pregnancy. This book is not written to influence you or to change your mind about how you should deal with your unplanned pregnancy. This book aims to education. Only you and the people who are helping you with your current situation can help you determine what is the best thing for you to do. Whether you plan to continue your pregnancy and become a parent, decide to terminate your pregnancy, or if you decide that adoption is the best option for you, *The Unplanned Pregnancy Book for Teens and College Students* is here to help you. Special features include prenatal care guide, new baby item check list, DNA paternity testing information, listing of universities that offer family housing, information about programs such as WIC, Food Stamps, and Medicaid for low income mothers, information about mandatory waiting laws and parental consent and notification laws, information about types of adoption, birth control guide, web links and other valuable resources. Also includes real life stories from women who faced unplanned pregnancies.

## Book Information

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Average Customer Review: 3.8 out of 5 stars 17 customer reviews

Best Sellers Rank: #635,786 in Books (See Top 100 in Books) #5 in [Books > Teens > Social Issues > Pregnancy](#) #1010 in [Books > Health, Fitness & Dieting > Women's Health > Pregnancy & Childbirth](#) #23684 in [Books > Parenting & Relationships](#)

## Customer Reviews

An excellent resource for young women who have discovered that they are accidentally pregnant. Recommended. -- Nicolette Heaton-Harris, BellaOnline's Pregnancy Editor  
Awesome resource for

young girls. Used in the education program for the junior sorority. Excellent! -- Andreia Smith  
Lipscomb, Founder Sisters of Alpha Omega Sorority  
The frank stories offered by young women who have faced unplanned pregnancies lend stark reality to a daunting situation. -- VOYA, April 2005

The Unplanned Pregnancy Book for Teens and College Students is a helpful guide written for women ages 12-22. The educational component of the book includes discussion questions, activities and exercises.

This was an impulse buy for me, as a college student at barely 4 weeks pregnant. I want to get my degree in Biochemical Engineering and eventually a Master's, and I couldn't imagine giving birth to and raising a child while going to school. I read through most of the book but I knew if I was keeping the baby I was keeping it, so some of the stuff on adoption and other options weren't applicable. I seriously read over the abortion options. In the end I decided that I couldn't abort. It's the baby of my fiance, and I decided I would definitely regret it. I don't know if the book swayed me either way on the decision. It does have a list of baby essentials for cash-strapped newbie moms, and tells you what items you really can wait on, which I'm going to consult again after these 9 months are almost over because I'm a student and had to quit my job recently to continue school. I am still scared about the lack of money so anything I can do to safely cut costs, I will. It has several anecdotes from teenage/college-going mothers. It doesn't give much information you couldn't find on the Internet, but it is a small comfort if you've just barely found out that you're unexpectedly pregnant and scared.

Assumes every teen who is pregnant is ghetto fabulous. Look inside to see the chapters including on paternity. Was looking for a book for my nephew and his GF who are trying to do the right thing and learn how to cope with being young parents while getting an education and working. This offered nothing tangible in that manner I returned the book about a third of the way through. Some young people make mistakes and want to do the right thing. Author shouldn't generalize. And honestly I know married couples in their thirties that are more clueless than these kids about having a child. Book just didn't offer anything tangible about how to prepare for parenthood while preparing for life.

AA++

Great information

I bought this book thinking it was more of a pregnancy guide for my teenage daughter. What it turned out to be was more of a reference guide for things like adoption, abortion and abandonment. It had a few short personal stories for each section. Definately not a book for a teen who plans to keep her baby.

This book has great information and will be a good addition to our counseling library. Thanks for providing it at a reasonable cost.

I bought this title to add to my library's Young Adult collection, in anticipation of beginning programming for pregnant/parenting teens. I could tell that the publishing quality was less polished than most of my purchases, but I wasn't automatically going to bypass it in favor of a mainstream publication - especially since it was tough to find materials aimed at teens, rather than at their parents or at educators and other professionals serving teen populations. My greatest concern after receiving the book wasn't what the cover looked like or how the formatting could have been improved, but rather that it wasn't closely edited. After my first glance turned up a grammatical error (second-trimester abortion is an "evasive" procedure??), I read the whole book to see what else might have been overlooked. There are numerous instances of "your babies health" and "a mothers body", etc., and similar errors that could have been easily corrected by a proofreader. Additionally, some legal and medical developments have made information in this 2004 edition obsolete: emergency contraception is now available without a prescription, for example, and there are additional types of hormone-based contraception like the ring and one form of IUD. The information overall was solid and written to an appropriate level. I found the treatment of options like termination of pregnancy through abortion, keeping the pregnancy to term and parenting the baby, and placing the baby for adoption to be balanced and non-judgmental, which was especially important to me. I also appreciated adoption-positive language -- no "giving up your baby" here. I'm going to keep this book in my collection for now, and provide supplementary materials to the teens in my program. However, I would love to see an updated version!

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